

Trainology Conference at Ole Miss

July 20, 2012



First Announcement

Trainology Conference at Ole Miss

20th July, 2012

University of Mississippi, Oxford MS

9:00 – 9:10 Opening Address

9:15 – 9:45 Takashi Abe (University of Mississippi)
Site-specific Sarcopenia and Daily Physical Activity

10:00 – 10:45 Jeremy P. Loenneke (University of Oklahoma)
Muscle Hypertrophy and Training Intensity

11:00 – 11:30 Christi Brewer (University of Mississippi)
PGF2alpha and Skeletal Muscle Adaptation

11:45 – 12:15 Mark Loftin (University of Mississippi)
Scaling $VO_{2\text{ peak}}$ in Children

12:15 – 14:00 Break & Poster presentation

14:00 – 14:45 Robert S. Thiebaud (University of Oklahoma)
Muscle Damage: Harmful or Helpful?

15:00 – 15:45 Kaelin Young (Wichita State University)
Bone Metabolism and Exercise Intensity

16:00 – 16:30 Nicole Dabbs (University of Mississippi)
Sport Performance & Whole Body Vibration Training

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Call for Poster

The Trainology Conference invites graduate students to submit a poster for presenting theoretical and practical research on exercise training for improving physical function and sport performance. Please contact to Dr. Takashi Abe (E-mail: tabe@olemiss.edu)